



Pre/Post-Summative Assessment — Answer Key

1. Classify the following statements correctly by writing the name of its correct communication style next to each statement.

Statement

- b If you talk to me that way again, I'm going to punch you.
- c I don't need to subject myself to your talking to me that way.
- a Do you mind not talking to me that way?

Communication Style

- a. Passive statement
- b. Aggressive statement
- c. Assertive statement

2. For each of the following examples of pressure, label them correctly by writing the letter of the correct type of pressure it shows.

Pressure Type

- a. Unspoken Pressure
- b. Spoken Pressure

Example

- a The Huddle
- b Rejection
- b The Put Down
- a The Example
- b Reasoning
- a The Look

3. Match each of the following active listening techniques with its correct definition.

Technique

- d Empathizing
- c Body language
- e Parroting
- b Reflecting
- a Paraphrasing

Definition

- a. Rephrasing the message in your own words.
- b. Showing understanding and valuing the opinion
- c. Nod, look engaged, show you're paying attention
- d. Expressing care and sensitivity to sender's feelings/opinions
- e. Repeating the message

4. Physical boundaries in a relationship should go no further than the person at the highest/lowest point on the continuum. Circle the correct answer.

5. Another term for indirect pressure is:

- a. **unspoken pressure**
- b. verbal pressure
- c. having someone else do the pressuring
- d. gossiping

6. Which of the following are characteristics of someone with high self esteem? (Choose all that apply)

- a. **Handles positive and negative emotions**
- b. **Attempts new tasks and challenges**
- c. **Take pride in accomplishments**
- d. Fears failure
- e. Disrespects others and self
- f. Vulnerable to peer pressure

7. Two risks of low self esteem are: _____ and _____.

Any of the following: vulnerable to peer pressure, feels insecure, disrespects self and others, doesn't feel valuable, fears failure, uses drugs and alcohol, behaves destructively

8. Three characteristics of an unhealthy relationship are: _____, _____, and _____.

Any of the following: economic abuse, male privilege, coercion and threats, using children, intimidation, emotional abuse, isolation.

9. Two important hormones that send messages to the female body are estrogen and progesterone.

10. Which of the following work better than any other methods of birth control?

- a. sponge
- b. oral contraceptive
- c. **birth control implant**
- d. spermicide
- e. female condom

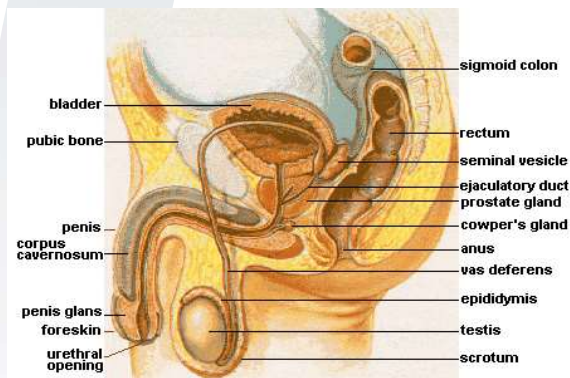
Pre/Post-Summative Assessment — Answer Key (cont.)

11. Match the following STIs with their symptoms/affect on the body by placing the letter of the symptom/affect next to the STI.

STI	Symptom/Affect
<u>c</u> Human papillomavirus	a. Usually has no symptoms
<u>b</u> Gonorrhea	b. Symptoms in males include a thick, yellow penile discharge.
<u>a</u> Chlamydia	c. Cervical cancer and/or genital warts
<u>d</u> Trichomoniasis	d. Frothy, yellow-green vaginal discharge.

12. Correctly label the male illustration by inserting the following terms in their correct location:

penis	seminal vesical	prostate gland
cowper's gland	vas deferens	epididymis
testes	scrotum	

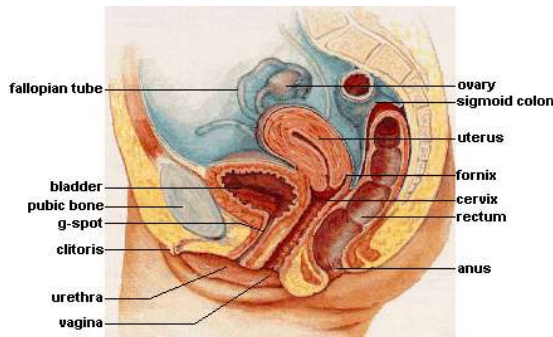


13. If a female who is having sex does not know how to predict when she is in her fertile time, but she wants to prevent pregnancy, she should:

- a. Not worry about it because she most likely won't get pregnant anyway
- b. Always protect herself as though she is in her fertile time, because she doesn't really know**

14. Correctly label the female illustration by inserting the following terms in their correct location:

cervix	ovaries	uterus
clitoris	fallopian tubes	vagina



15. For each of the following statements, label them as T (true) or F (false)

- T It is possible for a female to get pregnant while on her period, especially after the first day of her period
- T In the real world, the IUD and the implant are the 2 most effective methods of temporary birth control.
- T It is possible to get pregnant or to get someone pregnant the first time you have sex
- F There is just 1 day during a female's cycle that she can get pregnant

16. What is the main reason most are women more susceptible to pregnancy using the calendar method?

- a. Their cycles are not a consistent number of days from cycle to cycle.
- b. They don't have an accurate understanding of their fertile time**
- c. Their body temperature is not regular
- d. They ovulate more than once per month



Pre/Post-Summative Assessment — Answer Key (cont.)

17. Identify whether each of the following STIs are caused by a virus or a bacterium by placing the correct letter next to each STI.

STI	Cause
<u>a</u> Chlamydia	a. Bacterium
<u>a</u> Gonorrhea	b. Virus
<u>b</u> Genital herpes	
<u>a</u> Syphilis	
<u>b</u> Human papillomavirus	
<u>b</u> Hepatitis B	
<u>b</u> HIV	

18. Which of the following are 100 percent effective in preventing pregnancy for perfect users?

- a. Condom
- b. Oral contraceptives
- c. Injectable contraceptives
- d. Cervical cap
- e. Abstinence**

19. Which of the following are 100 percent effective in preventing STIs?

- a. Spermicides
- b. Condom
- c. Abstinence**
- d. Emergency contraception
- e. IUD

20. Which of the following are positive possible aspects of being sexually abstinent? Choose all that apply.

- a. Better relationship with partner**
- b. Easier to attain goals**
- c. No chance of pregnancy or STIs**
- d. Increased self image**
- e. Decreased stress**

21. Match the following steps in the development of a fetus with the correct trimester in which it occurs by placing the letter of the trimester next to the step.

Step	Trimester
<u>a</u> Heart starts beating	a. First
<u>c</u> Skin is covered with waxy substance called vernix	b. Second
<u>b</u> Eyebrows, eyelashes, and hair start to grow	c. Third
<u>b</u> Fetus can hear voices and recognizes mother's voice	
<u>a</u> Brain is physically fully formed	
<u>c</u> Fetus gains the most weight (1/2 pound per week) and grows longer	

22. Which of the following are typical symptoms/discomforts of pregnancy? Choose all that apply

- a. Extra energy
- b. Thick, healthy hair**
- c. Nausea
- d. Gain of 20-30 pounds**
- e. Infrequent urination

23. How many stages of pregnancy are there?

- a. one
- b. two
- c. three**
- d. four

24. Match each of the following phases of labor in stage 1 with its dilation measurement by placing the letter of the stage next to the measurement.

Measurement	Phase
<u>a</u> 0-3 centimeters	a. Early
<u>b</u> 4-8 centimeters	b. Active
<u>c</u> 8-10 centimeters	c. Transition

Pre/Post-Summative Assessment — Answer Key (cont.)



25. Which of the following are common pregnancy complications? Choose all that apply
- a. Spina bifida
 - b. Rh incompatibility**
 - c. Gestational diabetes**
 - d. Still birth**
 - e. Toxemia**
26. What amount of alcohol is safe to drink during pregnancy?
- a. none**
 - b. 1 oz. per day
 - c. 2 oz. per day
 - d. 3 oz. per day
27. Which of the following are potential life-long problems of a drug-affected infant or an infant born with FASD?
- a. Hyperactivity
 - b. Learning disabilities
 - c. Poor coordination
 - d. Mood swings
 - e. Delayed development
 - f. All of the above**
28. Which of the following are impacted by an unplanned pregnancy in a teen? Choose all that apply.
- a. Education**
 - b. Friendships**
 - c. Finances**
 - d. Family relationships**
 - e. Personal relationships**